

Dr Leonie White

Registered Psychologist

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Medicare Provider No.5629591X

Psychology Board of Australia No.
PSY0001408285

Australian Association of Psychologists
M. No.13160

INFORMED CONSENT FOR PSYCHOLOGICAL SERVICES

Nature and Purpose of the Psychological Service

This document provides important information and policies about the services I offer, my therapeutic approaches, business practices, fees, and also information about privacy, confidentiality, and emergencies.

I am the sole Psychologist and Business Owner at Dr Leonie White – website www.drleoniewhite.com

As a registered psychologist, I am bound by the 2025 AHPRA Code of Conduct and the legislation that registers Psychologists in Australia. My commitment to these standards and the Australian privacy legislation is demonstrated in my policy documents. These documents can be accessed here:

<https://www.drleoniewhite.com/policy-documents-for-clients-of-drleoniewhite>

If you decide to engage my services, you will need to sign and date the final section of this document, indicating that you have read and understand the policies that I use to deliver safe and ethical services. If you do not understand these policies or if you have questions, please let me know, and we will make time to discuss your questions.

Psychology services vary depending on the approach of the psychologist, the individuality of the client, and the particular reasons and hopes for seeing a psychologist. I may use different methods to support your hopes and goals for the service, and I will work collaboratively with you to ensure you understand my services and that your wishes are respected. You will be encouraged to be actively involved in all aspects of our work together. You can find out more about my approach on this page of my website <https://www.drleoniewhite.com/practice-framework> You can cease therapy with me at any time, and you may request that the session stop at any time.

As part of providing a psychological service, including assessments and counselling, I will need to collect and record personal information about you in our work together. This information is a necessary part of providing psychological services.

I am committed to respecting and incorporating cultural safety into practice. I encourage clients to share any cultural considerations that are important to service delivery. Please also let me know if you have specific access support needs (ramps, accessible parking, resources provided in specific formats), and communication support requirements, including requests for interpreting, assistive technology, or resources in different formats.

Confidentiality, Record Management and Privacy

Relevant personal information about you will be collected and recorded as part of providing psychological services. The information will assist in providing appropriate and thorough service and is stored and used in accordance with the 2025 AHPRA Code of Conduct and the Australian privacy legislation.

If information about you is required from another person, such as a parent or partner, this will be discussed with you beforehand, and your permission will be sought.

To protect your privacy and uphold professional boundaries, I will not engage with clients in public or online in a way that identifies you. To ensure your privacy, please contact me directly through professional channels, rather than approaching me on social media or in public forums.

All personal information gathered by me during the provision of psychological services will remain confidential and secure except in the following circumstances, as outlined in the Code of Conduct for Psychologists:

1. A court subpoena or other disclosure is required or authorised by law
2. Your consent cannot be gained due to a requirement to get you emergency services during a medical crisis
3. If there is unauthorised access to data held by the clinic, some limited information may need to be shared with the Office of the Information Ombudsman.
4. Failure to disclose the information would place you or another person at risk of harm
5. Given your prior approval or consent of a parent or guardian who is legally authorised to act on your behalf to provide a written report to another professional or agency or discuss information with another person, e.g., parent or employer
6. You have provided your consent to share your information for a specific reason and purpose.
7. You would reasonably expect your personal information to be disclosed to another professional or agency, and disclosure is directly related to the primary purpose for which it was collected, such as to inform your GP of treatment and progress as required e.g., under a Mental Health Care Plan.
8. Clinical consultation with another professional is required to provide better services. If this occurs, identifying details will remain confidential.

If, during your engagement in services, I become aware of a risk to someone's life, health, or well-being, I am required to report the matter to the appropriate agencies.

Please see the Privacy Policy for further information:

<https://www.drleoniewhite.com/policy-documents-for-clients-of-drleoniewhite>

Fees

My fee is \$200 per session (one-hour duration) and is payable at the time of consultation or up to 14 days after the consultation. It is your responsibility as a client to ensure the fees are paid in full.

Fees will be reviewed in October each year. If changes are made, this will come into effect in January of the following year.

If you are eligible for Medicare rebates, you are required to pay the full amount before processing your claim for a Medicare rebate. You will need to check with your own Private Health Fund if you are eligible for possible rebates, and the process required for receiving the rebate.

Please feel free to ask questions and discuss concerns about the professional fees at any time.

Cancellation Policy

If you need to cancel or postpone your appointment, providing at least 24 business hours' notice helps to keep your session costs down, maximizes my availability to clients and minimizes lost clinical time. The full fee will be charged for all missed appointments or late cancellations (cancelled within 24 hours of the appointment), excluding in the case of illness or emergency. This fee will need to be paid on or before your next visit.

To cancel or rearrange an appointment, please email drleoniewhite@gmail.com

Limitations, Continuity & Emergency

All of the services I provide are within my scope of practice and professional competence. If you require a service that is outside of my scope, I can offer to support you in finding referral options.

I schedule appointments between 8:30am and 4:30 pm two days a week (Tuesday and Wednesday), and 9:30am and 12:00pm one day a week (Friday). On Thursday, Saturday and Sunday, my phone and email are not monitored. I try to respond to communication within 2 business days.

I have arrangements in place for continuity of care during foreseeable absences (e.g., holiday leave) and in the event of my being unexpectedly unable to continue services.

As a sole practitioner, I am not in a position to provide crisis support or emergency appointments. In an emergency, please go to the nearest hospital's emergency department or call 000. For further information, refer to the website for your local health district. You may also find it helpful to call:

- Lifeline 13 11 14
- Beyond Blue 1300 22 4636
- Kids Helpline 1800 55 1800
- Parentline 1300 30 1300

Consent

I, (print name) _____ have read and understood the above consent form provided by Dr Leonie White and have had the opportunity to have any questions I may have about it answered.

I have read Dr Leonie White's policies referred to in this document: Privacy Policy, Policy for Telehealth, & Policy for Email.

I agree with the psychological service provided and the associated fee I am required to pay.

Signed (Client/ Parent*/ Guardian*): _____

Print name: _____

Date: _____

*For clients unable to give informed consent.

This consent will be reviewed with you anytime you request this, if the nature of your treatment changes, or at the commencement of a new year.